

CONDITION MANAGEMENT

INTEGRATED HEALTH PARTNERS

Benefits

Registered Nurse / Clinical Health Coach

Access to a registered nurse and clinical health coach to assist individuals and families with self-management of their overall health and wellness, including education about common chronic conditions.

Free and Confidential

Free and confidential program as part of your benefit as an employee of Kellogg Company

Coordination with Primary Care Provider

Partner with primary care physicians to assist participants in achieving high quality health



→ About half of all adults had one or more chronic health conditions.

→ One quarter of adults had two or more chronic health conditions.

For more information regarding chronic disease prevention, visit the CDC National Center for Chronic Disease Prevention and Health Promotion website at <https://www.cdc.gov/chronicdisease/about/prevention.htm>

Source: CDC's Chronic Disease Prevention System. (2015, June 30). <http://www.cdc.gov/chronicdisease/about/prevention.htm>



GOALS

- Improve productivity and health of workforce through the use of self-management support
- Educate and empower program participants
- Reduce unnecessary costs

To speak with a condition management nurse or clinical health coach call toll free: 855-638-3828

www.integratedhealthpartners.net

